

ABLEISM*

Ableism is a collective term for prejudices about, discrimination, and exclusion of people with disabilities.

Ableism is similar to words like sexism, racism, and homophobia, that are all about discrimination of a group.

HOW CAN YOU COUNTERACT ABLEISM ON THE INTERNET?

- Do not take for granted that you know what a person wants, can do, thinks, or dreams of just because the person has a visible or invisible disability.
Do what you can to create an accessible environment online and offline.
- Online, this means following WCAG guidelines when building websites, both in coding and design. Offline, accessibility is created through for example image descriptions, using microphones, choosing rooms with audio loops, not putting things in places where people who do not see might walk into them, and that all meeting spaces should be accessible by elevator.
- Speak with--not about--people.

**NÄTHATS
HJÄLPEN**
AV MAKE EQUAL

