

Contacting Näthatshjälpen is a quick way to get help if you have been the victim of online hate or abuse. We provide information on the different forms of online hate and specific tools for tackling them. Näthatshjälpen also has a form for you to fill in if you want to report an online hate crime to the police.



Information about online hate

Näthatshjälpen can give you information about online hate, what it can be, and what types of acts can be illegal.



Find help and support

Information and links to support organizations offering psycho-social and legal support are available on the platform.



Make an online police report

You can also report what happened to you to the police online. The form has been drawn up in consultation with the police, and helps you provide the information they need to investigate your complaint.

nathatshjalpen.se